



# **BUILDING BETTER WORKSHOP SERIES**

**Embodied Carbon Reduction Strategies  
w/ Chris Magwood**

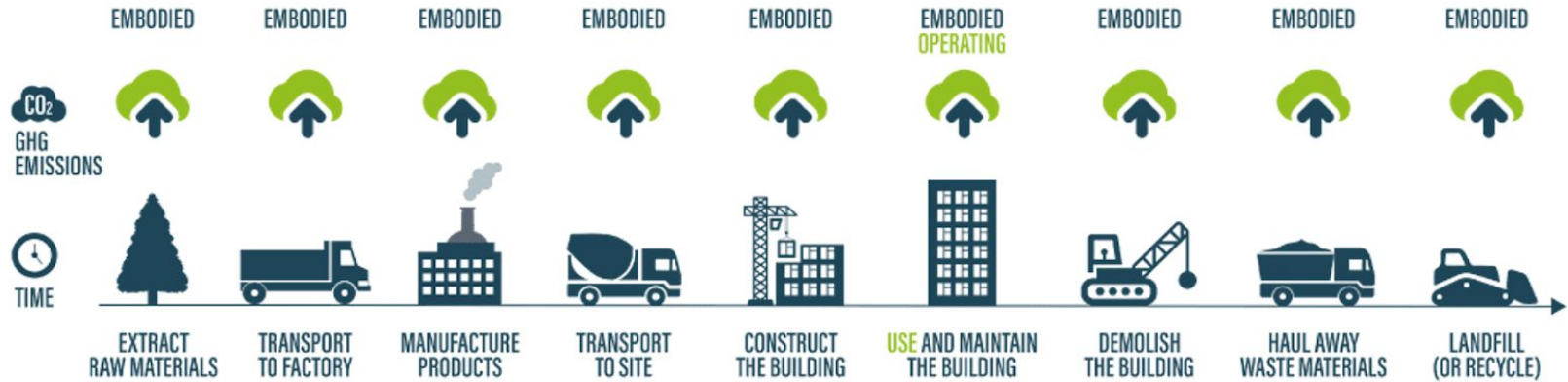
**October 11, 2022**

*City of*  
**NELSON**

BUILDERS FOR  
**CLIMATE  
ACTION**

 **FORTIS BC**  
*Energy at work*

## Material emissions over the life cycle – “embodied carbon”



**Cradle to gate** - - - - - ➔

**Up-front embodied carbon** - - - - - ➔

**Whole life cycle** - - - - - ➔

## Product emissions are the largest contributor



**65-80%**



**6-10%**



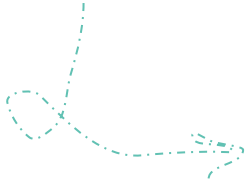
**8-15%**



**3-15%**

# Estimating Material Carbon Emissions (MCE)

EPD



An **Environmental Product Declaration (EPD)** *"quantifies environmental information on the life cycle of a product to enable comparisons between products fulfilling the same function."*

e.g.,

**TIMBER** - 42.56 kg CO<sub>2</sub>e/m<sup>3</sup>

**STEEL** - 1.16 t CO<sub>2</sub>e/ton

**CONCRETE** - 304.53 kg CO<sub>2</sub>e/m<sup>3</sup>

# Estimating Material Carbon Emissions (MCE)

A1-A3 GWP  
factors from  
EPDs



A1-A3 biogenic  
carbon storage



Material quantity  
(based on  
dimensions)



Net emissions  
kg CO<sub>2</sub>e



|                      |       |                |
|----------------------|-------|----------------|
| FOUNDATION WALL AREA | 74.3  | m <sup>2</sup> |
| FOUNDATION SLAB AREA | 55.7  | m <sup>2</sup> |
| EXTERIOR WALL AREA   | 100.0 | m <sup>2</sup> |
| WINDOW AREA          | 18.7  | m <sup>2</sup> |

**8,292**

**NET EMISSIONS  
(kg CO<sub>2</sub>e)**



**BUILDING EMISSIONS  
ACCOUNTING** FOR MATERIALS

# Estimating Material Carbon Emissions (MCE)

## TIMBER

42.56 kg CO<sub>2</sub>e/m<sup>3</sup>

6x6 post =

**4 kg CO<sub>2</sub>e**

## CONCRETE

304.53 kg CO<sub>2</sub>e/m<sup>3</sup>

6" dia. post =

**12 kg CO<sub>2</sub>e**

## STEEL

1.16 t CO<sub>2</sub>e/ton

3.5" dia. post =

**73 kg CO<sub>2</sub>e**

**Now we can start to make  
informed decisions!**

# The BEAM tool can help you compare materials

| CAVITY INSULATION  |  | R-VALUE              | 20.0 |                          |       |
|--|--|----------------------|------|--------------------------|-------|
| HIGH R-VALUE CAVITY INSULATION   |  |                      |      |                          |       |
| Aerogel blanket / Aspen Aerogels / R9.6/inch   |  | 100.0 m <sup>2</sup> | 100% | <input type="checkbox"/> | 6,499 |
| SPRAY POLYURETHANE FOAM – HIGH DENSITY   |  |                      |      |                          |       |
| Spray polyurethane foam - High Density (HFC gas) / R 6.3/inch / SPFA [Industry Avg   US & CA]            |  | 100.0 m <sup>2</sup> | 100% | <input type="checkbox"/> | 5,995 |
| Spray polyurethane foam - High Density (HFO gas) / R 6.5/inch / SPFA [Industry Avg   US & CA]            |  | 100.0 m <sup>2</sup> | 100% | <input type="checkbox"/> | 1,744 |
| SPRAY POLYURETHANE FOAM – CLOSED CELL  |  |                      |      |                          |       |
| Spray polyurethane foam - Closed Cell (HFC gas) / R 6.6/inch / SPFA [Industry Avg   US & CA]             |  | 100.0 m <sup>2</sup> | 100% | <input type="checkbox"/> | 4,635 |
| Spray polyurethane foam - Closed Cell (HFO gas) / R 6.6/inch / SPFA [Industry Avg   US & CA]             |  | 100.0 m <sup>2</sup> | 100% | <input type="checkbox"/> | 1,465 |
| Spray polyurethane foam - Closed Cell (HFO gas) / Huntsman / Heatlok Soya HFO & Heatlok HFO / R 6.5/inch |  | 100.0 m <sup>2</sup> | 100% | <input type="checkbox"/> | 882   |
| SPRAY POLYURETHANE FOAM – OPEN CELL  |  |                      |      |                          |       |
| Spray polyurethane foam - Open Cell / R 4.1/inch / SPFA [Industry Avg   US & CA]                         |  | 100.0 m <sup>2</sup> | 100% | <input type="checkbox"/> | 500   |
| SHEEP WOOL INSULATION  |  |                      |      |                          |       |
| Wool / Havelock Wool / Loose-fill / R 4.4/inch   |  | 100.0 m <sup>2</sup> | 100% | <input type="checkbox"/> | 271   |
| Wool / Havelock Wool / Batts / R 3.6/inch  |  | 100.0 m <sup>2</sup> | 100% | <input type="checkbox"/> | 354   |
| MINERAL WOOL BATT INSULATION   |  |                      |      |                          |       |
| Mineral wool batt / Owens Corning / Thermafiber UltraBatt / R 4.3/inch                                   |  | 100.0 m <sup>2</sup> | 100% | <input type="checkbox"/> | 1,409 |
| Mineral wool batt / Rockwool / ComfortBatt R24 (5.5") / R 4.4/inch                                       |  | 100.0 m <sup>2</sup> | 100% | <input type="checkbox"/> | 600   |
| Mineral wool batt / [BEAM Avg]   |  | 100.0 m <sup>2</sup> | 100% | <input type="checkbox"/> | 597   |
| Mineral wool batt / Rockwool / ComfortBatt R15 (3.5") / R 4.3/inch                                       |  | 100.0 m <sup>2</sup> | 100% | <input type="checkbox"/> | 461   |
| Mineral wool batt / Rockwool / Safe'n'Sound, ComfortBatt / R 3.8/inch                                    |  | 100.0 m <sup>2</sup> | 100% | <input type="checkbox"/> | 461   |
| Mineral wool batt / Rockwool / ComfortBatt R14 (3.5") / R 4.0/inch                                       |  | 100.0 m <sup>2</sup> | 100% | <input type="checkbox"/> | 415   |
| Mineral wool batt / Rockwool / ComfortBatt R22 (5.5") / R 4.0/inch                                       |  | 100.0 m <sup>2</sup> | 100% | <input type="checkbox"/> | 415   |



**BUILDING EMISSIONS  
ACCOUNTING** FOR MATERIALS

# ...help you compare assemblies

## ASSEMBLY 1

|                |                        |   | 1,564                                   | 1,564                                      | 0  |
|----------------|------------------------|---|---|--|--|
| SECTION        | CATEGORY               | MATERIAL  | NET EMISSIONS<br>(kg CO <sub>2</sub> e) | CARBON EMISSIONS<br>(kg CO <sub>2</sub> e) | CARBON STORAGE<br>(kg CO <sub>2</sub> e) |
| Exterior Walls | LIGHT WOOD FRAME WALLS | Wood / SPF / 2x6 Lumber / AWC & CWC [Industry Avg   US & CA]  | 220                                     | 220  | 0  |
| Exterior Walls | STRUCTURAL SHEATHING   | OSB sheathing / 5/8" / AWC & CWC [Industry Avg   US & CA]   | 385                                     | 385  | 0  |
| Exterior Walls | CAVITY INSULATION      | Mineral wool batt / [BEAM Avg]  | 627                                     | 627  | 0  |
| Exterior Walls | CONTINUOUS INSULATION  | EPS foam board / R 4.0/inch, Type II, 15 psi (100 kPa) / EPS Industry Alliance [Industry Avg   US & CA] | 332                                     | 332  | 0  |

## ASSEMBLY 2

|                |                    |  | 6,533                                   | 6,533                                      | 0  |
|----------------|--------------------|--|---|--|--|
| SECTION        | CATEGORY           | MATERIAL   | NET EMISSIONS<br>(kg CO <sub>2</sub> e) | CARBON EMISSIONS<br>(kg CO <sub>2</sub> e) | CARBON STORAGE<br>(kg CO <sub>2</sub> e) |
| Exterior Walls | EPS FOAM ICF WALLS | EPS FOAM ICF R-23, 2 Sheets of 2.75"@R4/in., webbing, 15M rebar (not incl. 6" concrete core) | 2,480                                   | 2,480                                      | 0  |
| Exterior Walls | EPS FOAM ICF WALLS | Concrete – 0-25 MPa, 30-40% Fly Ash, GU / CRMCA [Industry Avg   CA]                          | 4,053                                   | 4,053                                      | 0  |

## ASSEMBLY 3

|                |                             |  | 2,542                                   | 2,542                                      | 0  |
|----------------|-----------------------------|--|---|--|--|
| SECTION        | CATEGORY                    | MATERIAL   | NET EMISSIONS<br>(kg CO <sub>2</sub> e) | CARBON EMISSIONS<br>(kg CO <sub>2</sub> e) | CARBON STORAGE<br>(kg CO <sub>2</sub> e) |
| Exterior Walls | STRUCTURAL INSULATED PANELS | SIP panel - R30 8.25" - EPS 7.25" @ R4/in. core, 2 sheets 1/2" OSB | 2,542                                   | 2,542                                      | 0  |

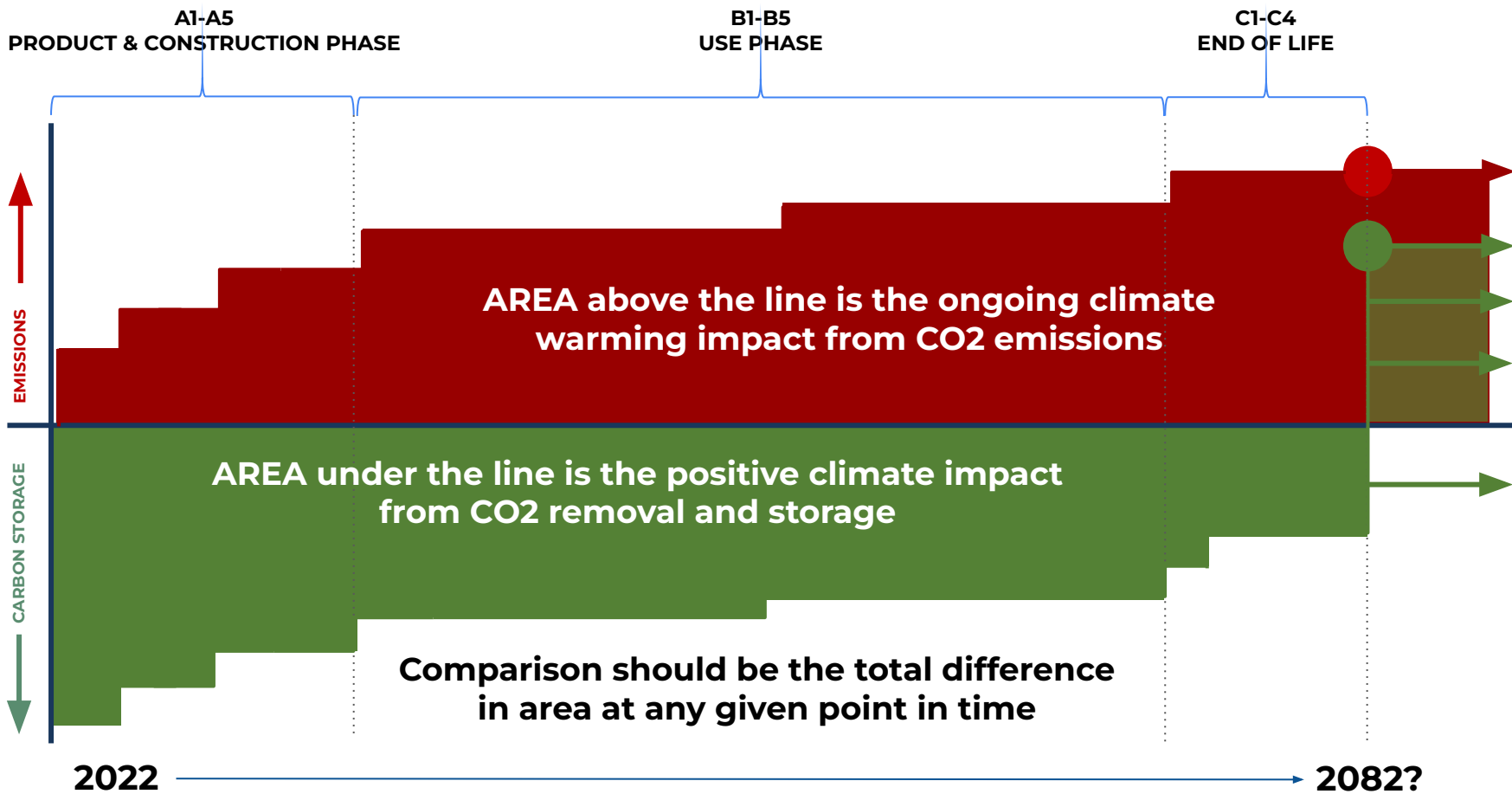


# ...and help you compare whole houses

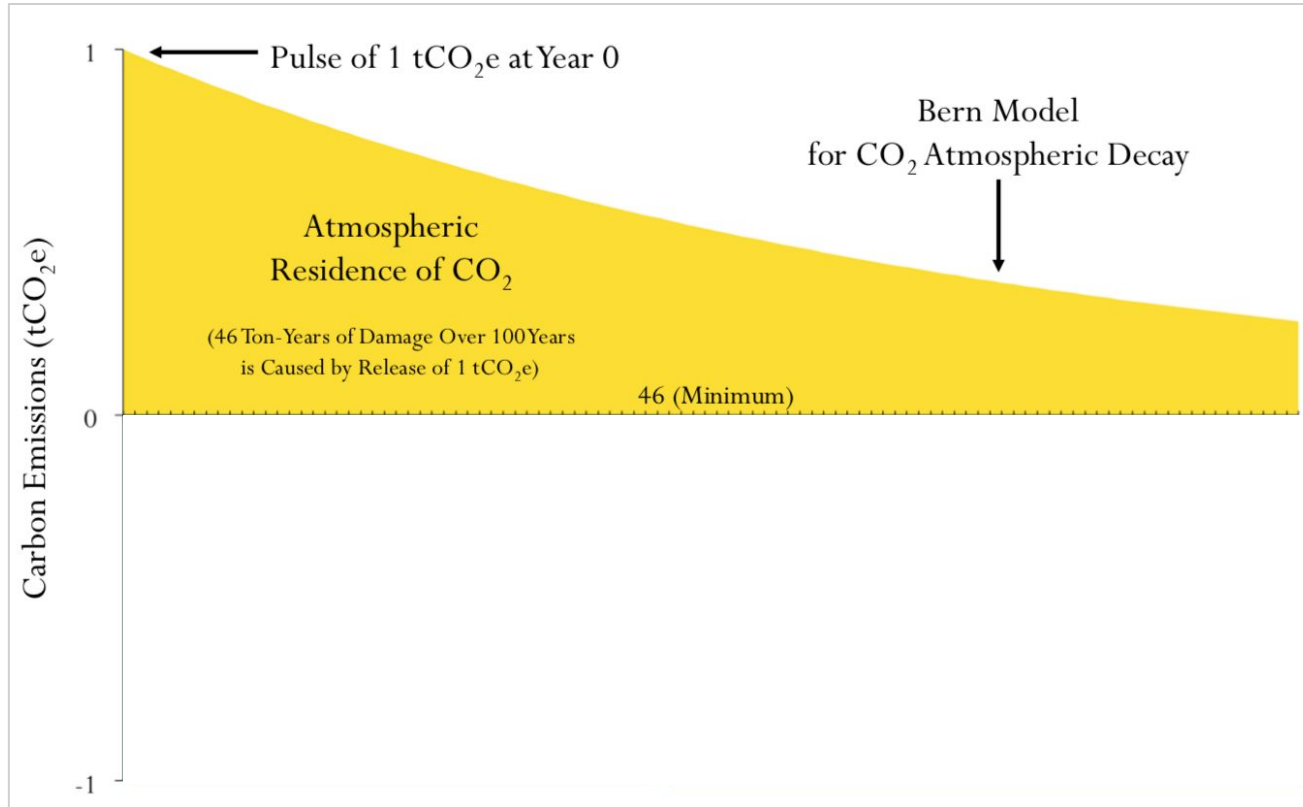
| REVIEW OF SELECTED MATERIALS |  |   | 81,510                                      | 83,421                                  | 1,911                                 |
|------------------------------|--|---|---|---|---------------------------------------|
| SECTION                      | CATEGORY   | MATERIAL  | NET CARBON FOOTPRINT [kg CO <sub>2</sub> e] | CARBON EMISSIONS [kg CO <sub>2</sub> e] | CARBON STORAGE [kg CO <sub>2</sub> e] |
| Footings & Slabs             | CRUSHED STONE BASE   | Aggregate / / Avg construction aggregate (gravel & sand)              | 4   | 4                                       | 0                                     |
| Footings & Slabs             | FOOTINGS & PADS  | Concrete - 0.25 MPa, Canadian Benchmark Average / CRMA / Can. /       | 3,049                                       | 3,049                                   | 0                                     |
| Footings & Slabs             | REBAR FOR FOOTINGS & PADS  | Rebar / Concrete Reinforcing Steel Institute / / 15M                  | 322   | 322                                     | 0                                     |
| Footings & Slabs             | REINFORCING MESH FOR SLAB  | Welded wire mesh / Serfas / 16" x 6" x 66g / Norway                   | 160   | 160                                     | 0                                     |
| Footings & Slabs             | CONCRETE SLAB FLOOR(S)   | Concrete - 0.25 MPa, Canadian Benchmark Average / CRMA / Can. /       | 2,258                                       | 2,258                                   | 0                                     |
| Foundation Walls             | CONCRETE WALLS   | Concrete - 0.25 MPa, Canadian Benchmark Average / CRMA / Can. /       | 9,572                                       | 9,572                                   | 0                                     |
| Foundation Walls             | REBAR FOR FOUNDATION WALLS   | Rebar / Concrete Reinforcing Steel Institute / / 15M                  | 1,420                                       | 1,420                                   | 0                                     |
| Foundation Walls             | CONTINUOUS INSULATION  | XPS foam board - AVERAGE (excludes new NGX 250)                       | 25,813                                      | 25,813                                  | 0                                     |
| Structural Elements          | HEAVY TIMBER FRAMING   | Wood framing & siding - SPF / American Wood Council & Canadian /      | 94  | 94                                      | 0                                     |
| Structural Elements          | HEAVY TIMBER FRAMING   | Laminated strand lumber / American Wood Council & Canadian Woo        | 14  | 14                                      | 0                                     |
| Structural Elements          | HEAVY TIMBER FRAMING   | Laminated veneer lumber / American Wood Council & Canadian Woc        | 85  | 85                                      | 0                                     |
| Structural Elements          | HEAVY STEEL COMPONENTS   | Steel beam / W200x27 (W8x18) / American Institute of Steel Construc   | 276   | 276                                     | 0                                     |
| Structural Elements          | HEAVY STEEL COMPONENTS   | Steel beam / W310x39 (W12x26) / American Institute of Steel Construc  | 252   | 252                                     | 0                                     |
| Structural Elements          | HEAVY STEEL COMPONENTS   | Steel beam / W250x33 (W10x22) / American Institute of Steel Construc  | 219   | 219                                     | 0                                     |
| Structural Elements          | HEAVY STEEL COMPONENTS   | Steel post / Generic / / 3.5 x 0.216" (89 x 5.5 mm), Sched 40 STD     | 408   | 408                                     | 0                                     |
| Ext. Walls                   | WOOD FRAME CONSTRUCTION  | Wood framing & siding - SPF / American Wood Council & Canadian /      | 501   | 501                                     | 0                                     |
| Ext. Walls                   | STRUCTURAL SHEATHING   | OSB sheathing / American Wood Council & Canadian Wood Council         | 37  | 37                                      | 0                                     |
| Ext. Walls                   | STRUCTURAL SHEATHING   | Plywood / American Wood Council & Canadian Wood Council / / 1/2"      | 595   | 595                                     | 0                                     |
| Ext. Walls                   | CAVITY INSULATION  | Fiberglass batt / Owens Corning / EcoTouch Pink batt and roll / R 3.6 | 278   | 278                                     | 0                                     |
| Ext. Walls                   | CAVITY INSULATION  | Mineral wool batt / Owens Corning / Thermafiber UltraBatt / R 4.3inci | 800   | 800                                     | 0                                     |
| Ext. Walls                   | CONTINUOUS INSULATION (EXT. or INT.)   | XPS foam board / Owens Corning / Foamular 250 / R 5/inch              | 10,098                                      | 10,098                                  | 0                                     |
| Ext. Walls                   | GARAGE ATTACHMENT WALL INSULATION  | Fiberglass batt / Owens Corning / EcoTouch Pink batt and roll / R 3.6 | 81  | 81                                      | 0                                     |
| Ext. Walls                   | GARAGE ATTACHMENT WALLS  | Wood framing & siding - SPF / American Wood Council & Canadian /      | 91  | 91                                      | 0                                     |
| Cladding                     | EXTERIOR CLADDING  | Brick, Clay, Generic Modular / Brick Industry Association / US-Canad  | 10,053                                      | 10,053                                  | 0                                     |
| Cladding                     | EXTERIOR CLADDING  | Brick, Stone / Amiscraft / Natural Limestone Masonry / Weighted ave   | 108   | 108                                     | 0                                     |
| Cladding                     | EXTERIOR CLADDING  | Vinyl Siding / Vinyl Siding Institute / 0.040" Double 4.5"            | 67  | 67                                      | 0                                     |
| Cladding                     | INTERIOR CLADDING for EXTERIOR WALL Drywall 1/2" Typical - CertainTeed - AVERAGE                     |   | 328   | 328                                     | 0                                     |
| Cladding                     | INTERIOR CLADDING for EXTERIOR WALL Drywall 5/8" / / Includes American Gypsum, CertainTeed, Continta |   | 200   | 200                                     | 0                                     |
| Windows                      | DOUBLE PANE WINDOWS - GENERIC  | Window - double pane / Vinyl frame / / USA & CAN                      | 2,325                                       | 2,325                                   | 0                                     |
| Int. Walls                   | WOOD FRAME CONSTRUCTION  | Wood framing & siding - SPF / American Wood Council & Canadian /      | 16  | 16                                      | 0                                     |
| Int. Walls                   | WOOD FRAME CONSTRUCTION  | Wood framing & siding - SPF / American Wood Council & Canadian /      | 40  | 40                                      | 0                                     |
| Int. Walls                   | WOOD FRAME CONSTRUCTION  | Wood framing & siding - SPF / American Wood Council & Canadian /      | 153   | 153                                     | 0                                     |

| REVIEW OF SELECTED MATERIALS |  |  | 20,380                                      | 31,008                                  | 10,628                                |
|------------------------------|--|--|---|---|---------------------------------------|
| SECTION                      | CATEGORY   | MATERIAL   | NET CARBON FOOTPRINT [kg CO <sub>2</sub> e] | CARBON EMISSIONS [kg CO <sub>2</sub> e] | CARBON STORAGE [kg CO <sub>2</sub> e] |
| Footings & Slabs             | CRUSHED STONE BASE   | Aggregate / Martin Marietta / / Avg construction aggregate (gravel & | 1   | 1                                       | 0                                     |
| Footings & Slabs             | FOOTINGS & PADS  | Concrete - 0.25 MPa, 35-50% Slag, GU / CRMA / Can. Avg. /            | 2,393                                       | 2,393                                   | 0                                     |
| Footings & Slabs             | REBAR FOR FOOTINGS & PADS  | Rebar / Concrete Reinforcing Steel Institute / / 15M                 | 322   | 322                                     | 0                                     |
| Footings & Slabs             | REINFORCING MESH FOR SLAB  | Welded wire mesh / Serfas / 16" x 6" x 66g / Norway                  | 160   | 160                                     | 0                                     |
| Footings & Slabs             | CONCRETE SLAB FLOOR(S)   | Concrete - 0.25 MPa, 35-50% Slag, GU / CRMA / Can. Avg. /            | 1,772                                       | 1,772                                   | 0                                     |
| Foundation Walls             | CONCRETE WALLS   | Concrete - 0.25 MPa, 35-50% Slag, GU / CRMA / Can. Avg. /            | 7,512                                       | 7,512                                   | 0                                     |
| Foundation Walls             | REBAR FOR FOUNDATION WALLS   | Rebar / Concrete Reinforcing Steel Institute / / 15M                 | 1,420                                       | 1,420                                   | 0                                     |
| Foundation Walls             | INTERIOR FRAMING - WOOD  | Wood framing & siding - SPF / American Wood Council & Canadian /     | 191   | 191                                     | 0                                     |
| Foundation Walls             | CAVITY INSULATION  | Cellulose - batt / CMS / R 3.6/inch / EcoCell                        | -1,331                                      | 318                                     | 1,649                                 |
| Foundation Walls             | INTERIOR WALL CLADDING   | Drywall 1/2" / CertainTeed / Eco-Lite / 1/2" (12.7 mm)               | 14  | 14                                      | 0                                     |
| Structural Elements          | HEAVY TIMBER FRAMING   | Wood framing & siding - SPF / American Wood Council & Canadian /     | 94  | 94                                      | 0                                     |
| Structural Elements          | HEAVY TIMBER FRAMING   | Laminated strand lumber / American Wood Council & Canadian Woo       | 14  | 14                                      | 0                                     |
| Structural Elements          | HEAVY TIMBER FRAMING   | Laminated veneer lumber / American Wood Council & Canadian Woc       | 85  | 85                                      | 0                                     |
| Structural Elements          | HEAVY STEEL COMPONENTS   | Steel beam / W200x27 (W8x18) / American Institute of Steel Construc  | 276   | 276                                     | 0                                     |
| Structural Elements          | HEAVY STEEL COMPONENTS   | Steel beam / W310x39 (W12x26) / American Institute of Steel Construc | 252   | 252                                     | 0                                     |
| Structural Elements          | HEAVY STEEL COMPONENTS   | Steel beam / W250x33 (W10x22) / American Institute of Steel Construc | 219   | 219                                     | 0                                     |
| Structural Elements          | HEAVY STEEL COMPONENTS   | Steel post / Generic / / 3.5 x 0.216" (89 x 5.5 mm), Sched 40 STD    | 408   | 408                                     | 0                                     |
| Ext. Walls                   | WOOD FRAME CONSTRUCTION  | Wood framing & siding - SPF / American Wood Council & Canadian /     | 501   | 501                                     | 0                                     |
| Ext. Walls                   | STRUCTURAL SHEATHING   | OSB sheathing / American Wood Council & Canadian Wood Council        | 37  | 37                                      | 0                                     |
| Ext. Walls                   | STRUCTURAL SHEATHING   | Plywood / American Wood Council & Canadian Wood Council / / 1/2"     | 595   | 595                                     | 0                                     |
| Ext. Walls                   | CAVITY INSULATION  | Cellulose - batt / CMS / R 3.6/inch / EcoCell                        | -1,628                                      | 390                                     | 2,018                                 |
| Ext. Walls                   | CONTINUOUS INSULATION (EXT. or INT.)   | Wood fiber board - AVERAGE   | -1,595                                      | 1,323                                   | 2,927                                 |
| Ext. Walls                   | GARAGE ATTACHMENT WALL INSULATION  | Cellulose - batt / CMS / R 3.6/inch / EcoCell                        | -355  | 85                                      | 440                                   |
| Ext. Walls                   | GARAGE ATTACHMENT WALLS  | Wood framing & siding - SPF / American Wood Council & Canadian /     | 91  | 91                                      | 0                                     |
| Cladding                     | EXTERIOR CLADDING  | Vinyl Siding / Vinyl Siding Institute / 0.040" Double 4.5"           | 67  | 67                                      | 0                                     |
| Cladding                     | EXTERIOR CLADDING  | Engineered Wood Siding & Trim / LP / SmartSide / 5/16" (8 mm)        | 599   | 599                                     | 0                                     |
| Cladding                     | INTERIOR CLADDING for EXTERIOR WALL Drywall 1/2" / CertainTeed / AirRenew / 1/2" (12.7 mm) |  | 299   | 299                                     | 0                                     |
| Cladding                     | INTERIOR CLADDING for EXTERIOR WALL Drywall 5/8" / USG / EcoSmart Firecoat / 5/8"          |  | 139   | 139                                     | 0                                     |
| Windows                      | DOUBLE PANE WINDOWS - GENERIC  | Window - double pane / Vinyl frame / / USA & CAN                     | 2,325                                       | 2,325                                   | 0                                     |
| Int. Walls                   | WOOD FRAME CONSTRUCTION  | Wood framing & siding - SPF / American Wood Council & Canadian /     | 16  | 16                                      | 0                                     |
| Int. Walls                   | WOOD FRAME CONSTRUCTION  | Wood framing & siding - SPF / American Wood Council & Canadian /     | 40  | 40                                      | 0                                     |
| Int. Walls                   | WOOD FRAME CONSTRUCTION  | Wood framing & siding - SPF / American Wood Council & Canadian /     | 153   | 153                                     | 0                                     |
| Int. Walls                   | WOOD FRAME CONSTRUCTION  | Wood framing & siding - SPF / American Wood Council & Canadian /     | 16  | 16                                      | 0                                     |
| Int. Walls                   | INTERIOR WALL CLADDING   | Drywall 1/2" / CertainTeed / AirRenew / 1/2" (12.7 mm)               | 434   | 434                                     | 0                                     |
| Floors                       | WOOD FLOOR FRAMING   | Wood joist / American Wood Council & Canadian Wood Council / /       | 463   | 463                                     | 0                                     |
| Floors                       | SUB FLOORING   | OSB sheathing / American Wood Council & Canadian Wood Council        | 1,105                                       | 1,105                                   | 0                                     |

# Impact of carbon storage on climate change



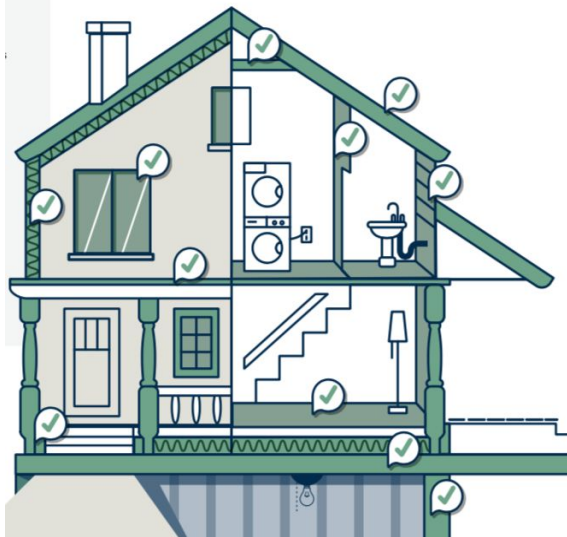
# Value of carbon storage on climate change



## Ton year accounting

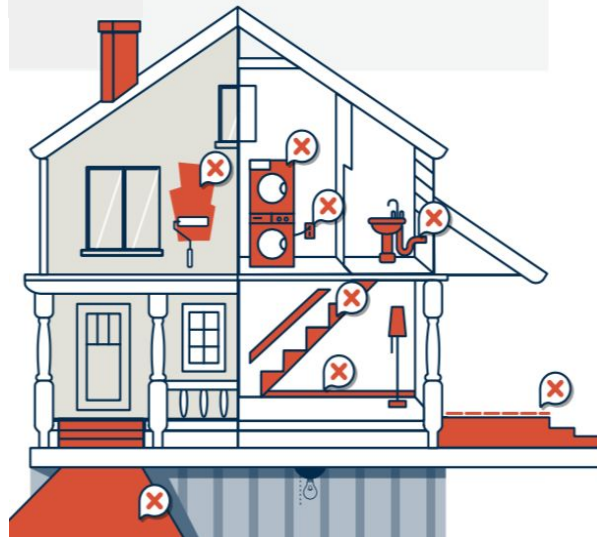
Storing 1 ton of CO<sub>2</sub> for 46 years is equivalent to eliminating the damage of 1 tonne of CO<sub>2</sub> emissions

# What's accounted for? BEAM methodology for benchmark studies



## Structure, enclosure & partitions

- Largest data set
- Long life span for materials
- Most actionable analysis for users



## MEP, appliances, finishes, millwork, yardwork

- Lack of data
- Less actionable analysis for users

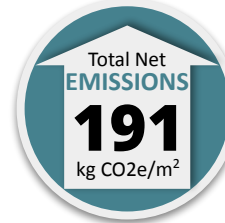
# BfCA Study Results\*

EMBARC Study  
Greater Toronto Area, ON  
503 As-built homes

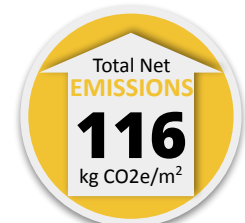
Highest  
result



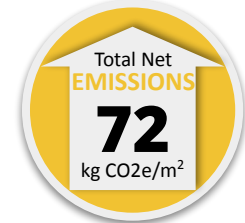
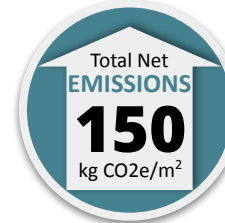
Average  
result



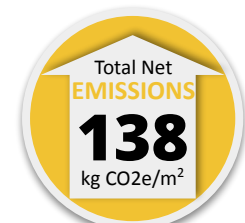
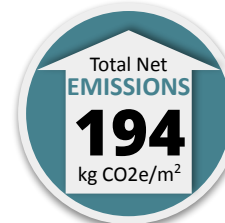
Lowest  
result



Low Carbon Homes Pilot  
Nelson & Castlegar, BC  
34 As-built homes

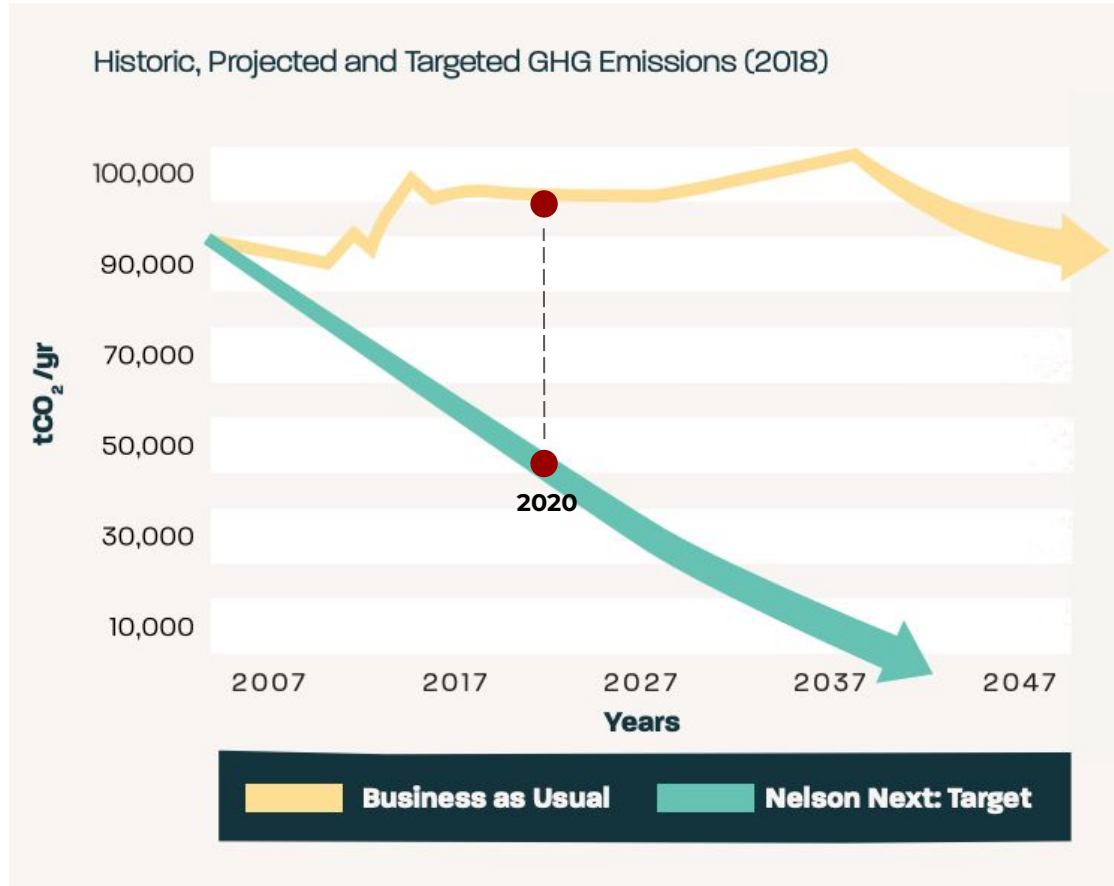


City of Vancouver Study  
Vancouver, BC  
13 As-built homes



\*All results based on A1-A3 analysis of structure, enclosure and partitions.  
Area based on heated floor area.

# Nelson implications



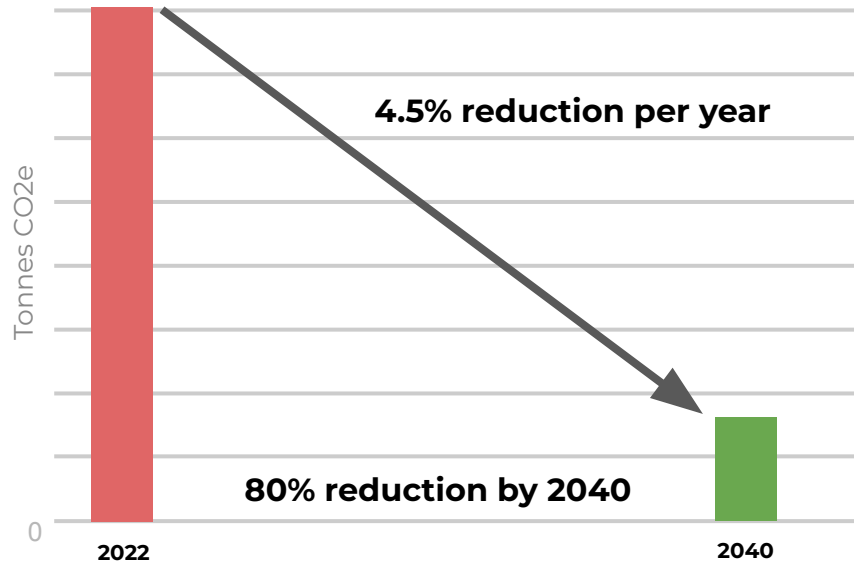
**Nelson has a 80% reduction target for 2040** (17 years away)

**The 2020 Nelson-Castlegar study indicates annual emissions from new home materials is ~2,100 - 4,200 tonnes**

**80% reduction in our MCI**  
150 kg of CO<sub>2</sub>e/m<sup>2</sup> -> 30

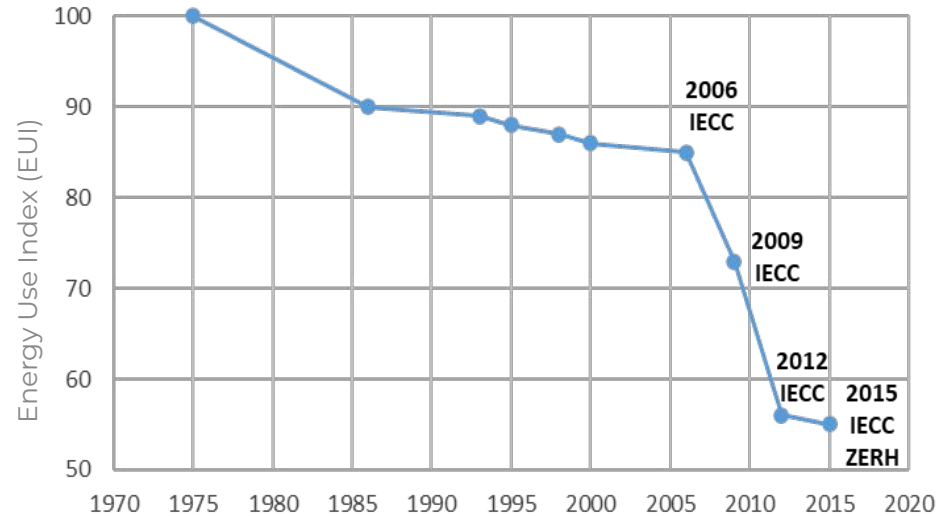
## Planning the pathway

Embodied Carbon Reductions



## We've seen this curve before!

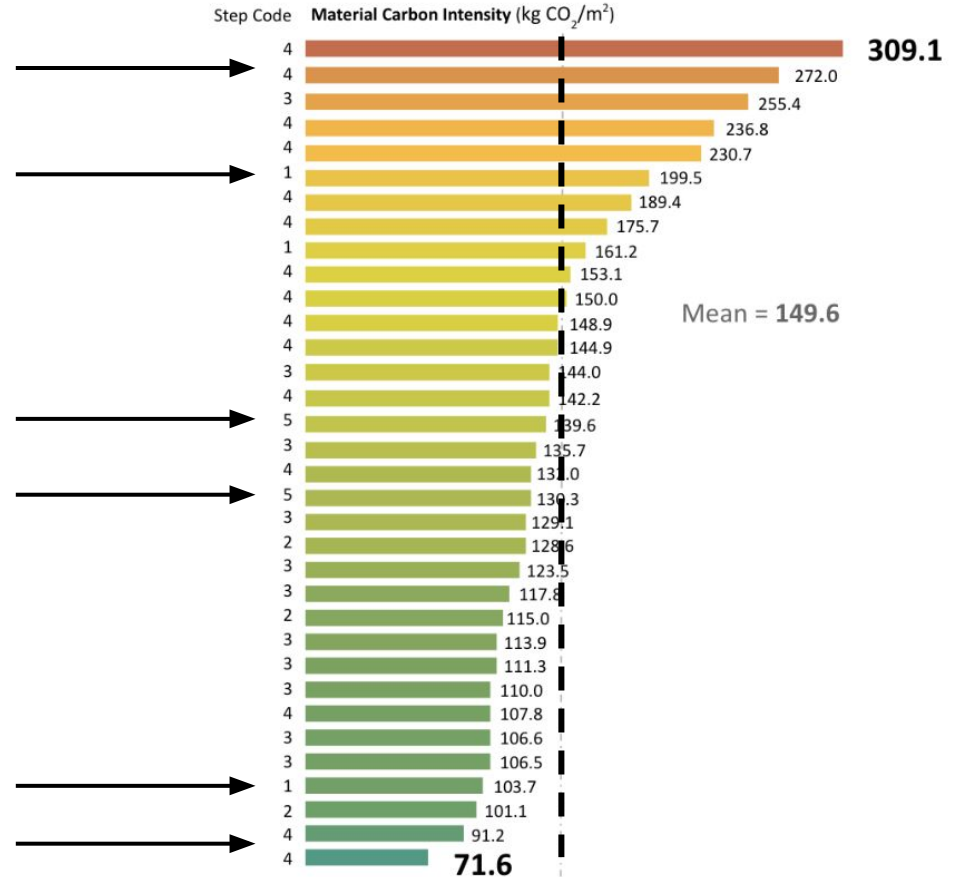
Residential Code Improvement



# What about operating emissions?

“These results would suggest that **material selection and quantity is the leading factor in driving MCI** higher or lower, and that it is possible to achieve both high levels of energy efficiency and low MCI.”

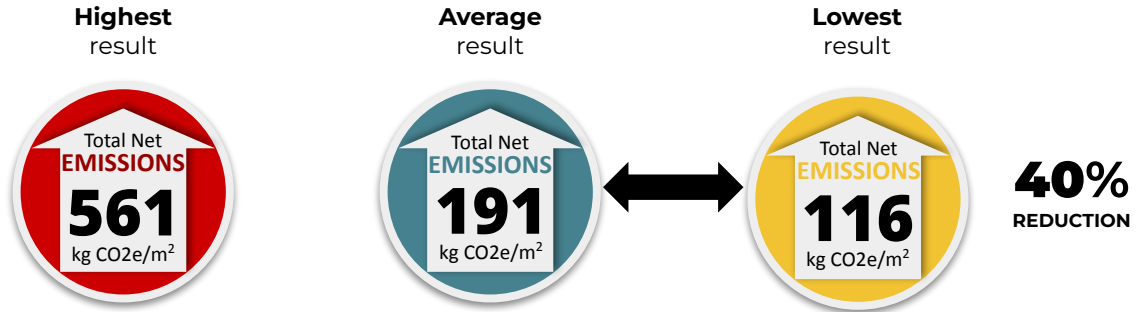
*City of Nelson, 2021  
Benchmarking Report*



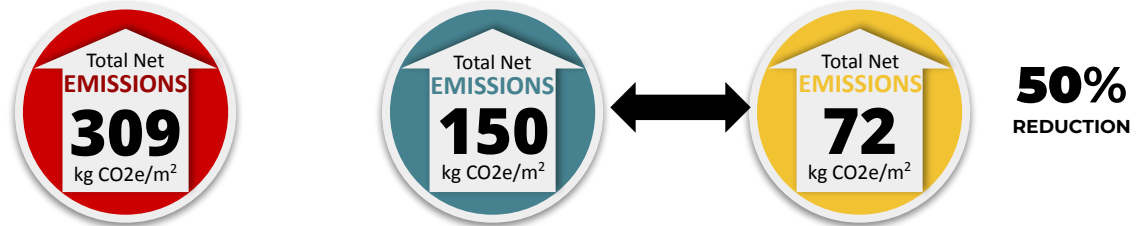


# BfCA Study Results\*

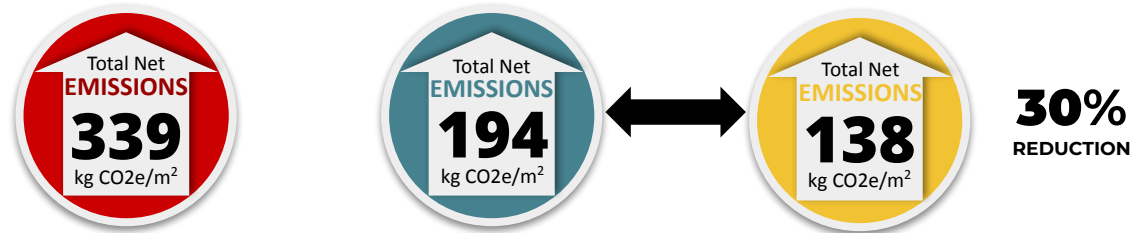
EMBARC Study  
Greater Toronto Area, ON  
503 As-built homes



Low Carbon Homes Pilot  
Nelson & Castlegar, BC  
34 As-built homes



City of Vancouver Study  
Vancouver, BC  
13 As-built homes



\*All results based on A1-A3 analysis of structure, enclosure and partitions.  
Area based on heated floor area.

# Material substitutions - High MCI

Single detached 4 bedroom house

44%  
reduction

96%  
reduction

## As-Built Materials

|   |       |
|---|-------|
| Cavity insulation :<br>Fiberglass             | 2 137 |
| Continuous insulation :<br>Mineral wool board | 6 811 |
| Cladding:<br>Wood cladding                    | 994   |
| Drywall                                       | 3 485 |
| Hardwood flooring                             | 1 614 |

|   |        |
|---|--------|
| Below grade insulation:<br>mineral wool board, VIP, XPS | 5 662  |
| Average Concrete  | 54 492 |
| Sub slab insulation:<br>Mineral wool board              | 16 309 |

MCE : 140 139 kg CO2e  
MCI : **227** kg CO2e/m<sup>2</sup>

## Best Available Materials Substitutions

|  |         |
|--|---------|
| Cavity insulation :<br>Cellulose           | -3 670  |
| Continuous insulation :<br>Wood fiberboard | -11 192 |
| Cladding:<br>Wood cladding                 | 831     |
| Drywall lowest option                      | 2 188   |
| Bamboo flooring                            | -1 013  |

|  |        |
|--|--------|
| Below grade insul.: lowest<br>mineral wool board, VIP, XPS | 5 103  |
| Average BC Concrete<br>(from EC3 database)                 | 32 825 |
| Sub slab insulation:<br>Lowest Mineral wool board          | 9 108  |

MCE : 78 492 kg CO2e  
MCI : **127** kg CO2e/m<sup>2</sup>

## Best Possible Materials Substitutions

|  |         |
|--|---------|
| Cavity insulation :<br>Straw               | -13 484 |
| Continuous insulation :<br>Wood fiberboard | -26 622 |
| Cladding:<br>Bamboo cladding               | -2 312  |
| Lime cork plaster                          | -3 523  |
| Bamboo flooring                            | -1 013  |

|  |        |
|--|--------|
| Below grade insulation:<br>Cork board        | -8 397 |
| Lowest BC Concrete<br>(from EC3 database)    | 18 872 |
| Sub slab insulation:<br>Foam glass aggregate | 1 393  |

MCE : 5 367 kg CO2e  
MCI : **9** kg CO2e/m<sup>2</sup>

# Material substitutions - LOW MCI

Laneway house 1 bedroom

68%  
reduction

130%  
reduction

## As-Built Materials

|   |       |
|---|-------|
| <b>Cavity insulation:</b><br>Fiberglass       | 597   |
| <b>Cladding:</b><br>Cedar siding              | 203   |
| Drywall                                       | 835   |
| Hardwood flooring                             | 364   |
| <b>Below grade insulation:</b><br>XPS foam    | 363   |
| Average Concrete                              | 3 695 |
| <b>Sub slab insulation:</b><br>EPS foam board | 434   |

MCE : 10 466 kg CO2e  
MCI : **138**  
kg CO2e/m<sup>2</sup>

## Best Available Materials Substitutions

|   |        |
|---|--------|
| <b>Cavity insulation:</b><br>Cellulose              | -1 777 |
| <b>Cladding:</b><br>Bamboo cladding                 | -789   |
| Drywall lowest option                               | 509    |
| Bamboo flooring                                     | -186   |
| <b>Below grade insulation:</b><br>lowest XPS        | 71     |
| Average BC Concrete<br>(from EC3 database)          | 2 217  |
| <b>Sub slab insulation:</b><br>EPS foam w/ graphite | 311    |

MCE : 3 329 kg CO2e  
MCI : **44**  
kg CO2e/m<sup>2</sup>

## Best Possible Materials Substitutions

|   |        |
|---|--------|
| <b>Cavity insulation:</b><br>Straw                  | -4 655 |
| <b>Cladding:</b><br>Bamboo cladding                 | -789   |
| Lime cork plaster                                   | -701   |
| Bamboo flooring                                     | -186   |
| <b>Below grade insulation:</b><br>Cork board        | -253   |
| Lowest BC Concrete<br>(from EC3 database)           | 875    |
| <b>Sub slab insulation:</b><br>Foam glass aggregate | 56     |

MCE : -3 212 kg CO2e  
MCI : **-42**  
kg CO2e/m<sup>2</sup>

# Embodied carbon study



| Rosewood 'A' Model |          |                              |                             |                       |                            |
|--------------------|----------|------------------------------|-----------------------------|-----------------------|----------------------------|
| EC Model           | AS-BUILT | AS-BUILT, revised insulation | NEAR TERM 1:1 SUBSTITUTIONS | MEDIUM-TERM 2-5 YEARS | FUTURE SCENARIO 5-10 YEARS |
| Total kg CO2e      | 66,087   | 52,087                       | 22,854                      | 11,309                | 183                        |
| Percent reduction  |          | 21%                          | 65%                         | 83%                   | 99.7%                      |

# Footings & Slab - Doug Tarry Homes, Rosewood A Model

| CATEGORY               | MATERIAL  | NET CARBON FOOTPRINT [kg CO2e] |       |       |       |       |
|------------------------|---|--------------------------------|-------|-------|-------|-------|
| FOOTINGS & PADS        | Concrete - 0-25 MPa, Canadian Benchmark Average       | 1,572                          | 1,572 |       |       |       |
|                        | Concrete - 0-25 MPa, 35-50% Slag, GU / CRMCA          |                                |       | 1,234 | 1,234 | 1,234 |
| REBAR FOR FOOTINGS     | Rebar / Concrete Reinforcing Steel Institute // 15M   | 228                            | 228   | 228   | 228   | 228   |
| REINFORCING MESH       | Welded wire mesh                                      | 250                            | 250   | 250   |       |       |
| CONCRETE SLAB FLOOR(S) | Concrete - 0-25 MPa, Canadian Benchmark Average       | 4,238                          | 4,238 |       |       |       |
|                        | Concrete - 0-25 MPa, 35-50% Slag, GU / CRMCA          |                                |       | 3,326 |       |       |
| OTHER SLAB FLOOR(S)    | Plywood / 3/4" - "Slabless slab"                      |                                |       |       | 1,275 |       |
|                        | Cob Floor / Site made 4"                              |                                |       |       |       | 53    |
| SUB-SLAB INSULATION    | Spray polyurethane foam - Closed Cell (HFC)           | 3,536                          |       |       |       |       |
|                        | Spray polyurethane foam - Closed Cell (HFO)           |                                | 1,118 |       |       |       |
|                        | EPS foam board with graphite / BASF / Neopor /Type IX |                                |       | 919   |       |       |
|                        | Foam glass aggregate / Misapor / Glavel               |                                |       |       | 616   | 616   |
| BASEMENT FLOORING      | Vinyl flooring - AVERAGE                              | 89                             | 89    |       |       |       |
|                        | Carpet /// Average from 150 samples in EC3            | 1,894                          | 1,894 |       |       |       |
|                        | Linoleum flooring - AVERAGE 2.5 mm                    |                                |       | 8     | 8     |       |
|                        | Cork flooring   |                                |       | -390  | -390  |       |

Foundation Walls - Doug Tarry Homes, Rosewood A Model

| Element                | Product                            | As-built | As-built (best insulation) | 1:1 substitutions | Near-term substitutions | 5-10 year substitutions |
|------------------------|------------------------------------|----------|----------------------------|-------------------|-------------------------|-------------------------|
| Concrete walls         | Concrete: Canadian avg. mix        | 8,826    | 8,826                      |                   |                         |                         |
|                        | Concrete: 35-50% slag mix          |          |                            | 6,927             |                         |                         |
| Rebar                  | Avg. rebar                         |          |                            |                   |                         |                         |
| ICF - Wood/cement      | 14" with cork inserts              |          |                            |                   | -497                    | -248                    |
|                        | Concrete: 35-50% slag mix          |          |                            |                   | 3,114                   | 1,551                   |
| Continuous insulation  | XPS foam board: average            | 9,846    |                            |                   |                         |                         |
|                        | XPS foam board: DuPont reduced GWP |          | 6,412                      |                   |                         |                         |
|                        | XPS foam board: Sopra              |          |                            | 338               |                         |                         |
| Interior framing       | SPF 2x6 avg.                       | 258      | 258                        | 258               |                         |                         |
| Cavity insulation      | Rockwool R22                       | 607      | 607                        |                   |                         |                         |
|                        | Cellulose batt R20                 |          |                            | -953              |                         |                         |
| Interior wall cladding | Drywall ½" avg.                    | 324      | 324                        | 324               | 324                     |                         |
|                        | TOTAL kg CO2e                      | 19,861   | 16,427                     | 6,894             | 2,941                   | 1,303                   |

# Exterior Walls - Doug Tarry Homes, Rosewood A Model

| Element               | Product                       | As-built | As-built (best insulation) | 1:1 substitutions | Near-term substitutions | 5-10 year substitutions |
|-----------------------|-------------------------------|----------|----------------------------|-------------------|-------------------------|-------------------------|
| Wood framing          | SPF 2x6 @ 16" OC              | 206      | 206                        | 206               |                         |                         |
| Structural sheathing  | OSB, ZIP system 7/16"         | 425      | 425                        | 425               |                         |                         |
| Prefab panel          | Complete system               |          |                            |                   | -1,602                  | -3,069                  |
| Cavity insulation     | Fiberglass batt, R20, average | 305      | 305                        |                   |                         |                         |
|                       | Cellulose batt, R20           |          |                            | -925              | -601                    |                         |
| Continuous insulation | XPS foam, average             | 9,557    |                            |                   |                         |                         |
|                       | XPS foam, DuPont low GWP      |          | 6,224                      |                   |                         |                         |
|                       | XPS foam, Sopra               |          |                            | 328               |                         |                         |
| Shared garage wall    | SPF 2x6 @ 16" OC              | 44       | 44                         | 44                |                         |                         |
| Exterior cladding     | Brick, clay, average          | 4161     | 4161                       |                   |                         |                         |
|                       | Stone, Arriscraft             | 211      | 211                        |                   |                         |                         |
|                       | Fiber cement, average         | 107      | 107                        | 107               | 107                     | 107                     |
|                       | Vinyl siding, average         | 40       | 40                         | 40                | 40                      | 40                      |
|                       | Engineered wood, Smartside    |          |                            | 257               | 257                     | 586                     |
| Interior cladding     | Drywall, ½", average          | 314      | 314                        | 314               | 314                     | 602                     |
|                       | TOTAL kg CO2e                 | 15,370   | 12,037                     | 796               | -1,485                  | -2,887                  |



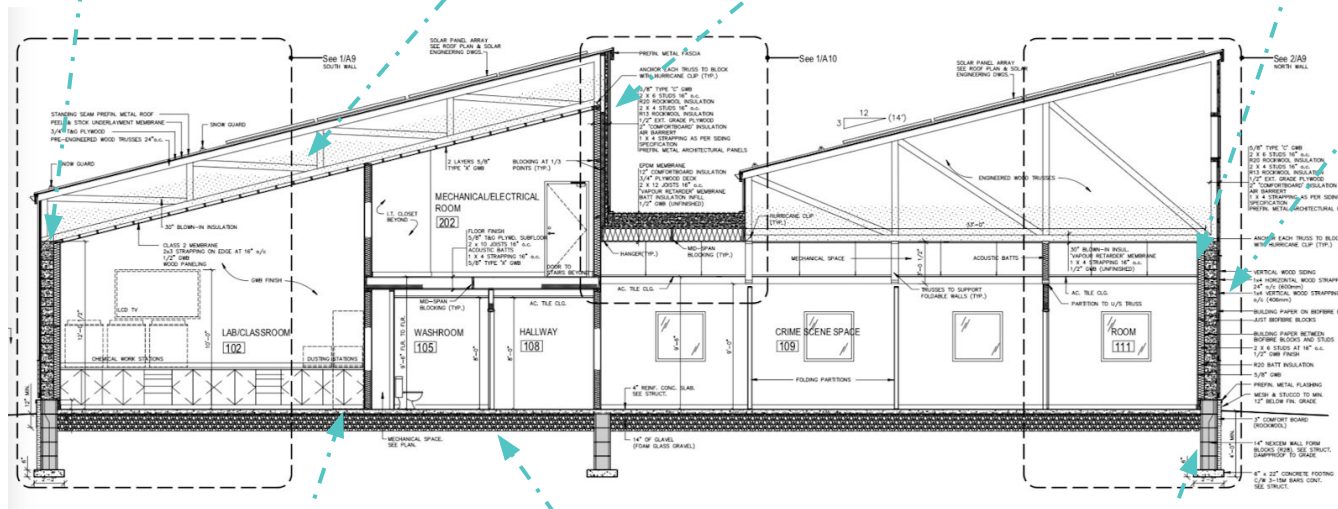
**Trent University**  
**Forensic Crime Scene Building**





## Key low-carbon materials:

## Hemp batt insulation



Charred wood siding

Low-carbon concrete (50% SCM content)

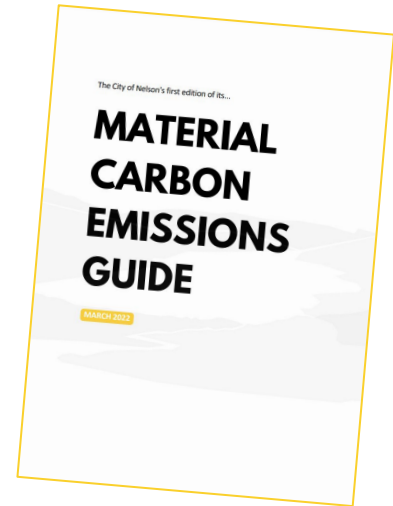
Foam glass gravel for sub-slab insulation

## Wood-chip ICF foundation

| Trent University Forensic Building<br>Material Carbon Emissions (MCE) | Building Element                    | Base Case<br>kg CO2e | Material change                            | As-Built<br>kg CO2e | As-Built, incl. timber<br>storage |
|---|-------------------------------------|----------------------|--|---------------------|-----------------------------------|
|   | Footings & Slabs                    | 29,516               | Low carbon concrete & foam<br>glass gravel | 13,503              | 13,503                            |
|   | Foundation walls                    | 13,108               | Wood chip ICF & low carbon<br>concrete     | 9,866               | 1,128                             |
|   | Exterior walls                      | 123,900              | Hemp block with hemp batt                  | -6,967              | -18,043                           |
|   | Exterior cladding                   | 11,327               | Charred wood                               | 6,263               | 2,861                             |
|   | Windows & doors                     | 3,378                |  | 3,378               | 3,378                             |
|   | Interior walls                      | 6,968                | Hemp batt insulation                       | -4,900              | -3,580                            |
|   | Floors                              | 858                  | Linoleum flooring                          | -15                 | -679                              |
|   | Ceilings                            | 963                  | Best in category drywall                   | 227                 | 227                               |
|   | Roof system                         | 21,138               | Wood trusses & cellulose<br>insulation     | 4,130               | -5,624                            |
|   | NET TOTAL                           | 211,156              |  | 25,484              | -6,829                            |
|   | MCE Reduction                       |                      |  | 88%                 | 103%                              |
|   | Net Carbon Intensity,<br>kg CO2e/m² | 498                  |  | 60                  | -16.1                             |

| As-Built Materials             | Best Conventional Material Substitution | Best Possible Material Substitution |
|--------------------------------|---|-------------------------------------|
| Average concrete               | High SCM concrete                       | High SCM concrete                   |
| EPS sub slab insulation        | -                                       | Foam glass gravel                   |
| EPS ICF                        | Wood chip ICF                           | Treated wood foundation             |
| Mineral wool cavity insulation | Cellulose                               | Straw bale                          |
| Continuous insulation          | Wood fiberboard                         | -                                   |
| Hardwood floors                | ½ linoleum flooring                     | Linoleum & cork flooring            |
| Mineral wool roof insulation   | Cellulose                               | Cellulose                           |
| <b>309.1 kg CO2e/m2</b>        | <b>151.3 kg CO2e/m2</b>                 | <b>55 kg CO2e/m2</b>                |

Table 1. *This table demonstrates the impact that material selection can have on overall material carbon emissions.*





## 200 m<sup>2</sup> basement floor

- With 4-inch slab: **6,520** kg CO<sub>2</sub>e
- With 2x4 sleepers & two layers of 5/8-inch plywood: **1,500** kg CO<sub>2</sub>e

**77% reduction!**

HOUSES BY DESIGN

## Building a Concrete-Free “Slab”-on-Grade Foundation

Northern Minnesota designer Randy Williams omitted the concrete under the floors in this new house—a growing trend among builders of energy-efficient homes.

By Kiley Jacques







### 200 m<sup>2</sup> main floor

- With 4-inch slab:  
**4,235 kg CO<sub>2</sub>e**
- With 2x4 sleepers &  
¾-inch bamboo:  
**-850 kg CO<sub>2</sub>e**

**165% reduction!**

## 200 m<sup>2</sup> basement floor

- With 4-inch slab: **6,520** kg CO<sub>2</sub>e
- With 2x4 sleepers & two layers of 5/8-inch plywood: **1,725** kg CO<sub>2</sub>e

**74% reduction!**





## 200 m<sup>2</sup> main floor

- With 4-inch slab: **6,520** kg CO<sub>2</sub>e
- With clay floor: **-130** kg CO<sub>2</sub>e

**98% reduction!**



**Or, be more ambitious:**

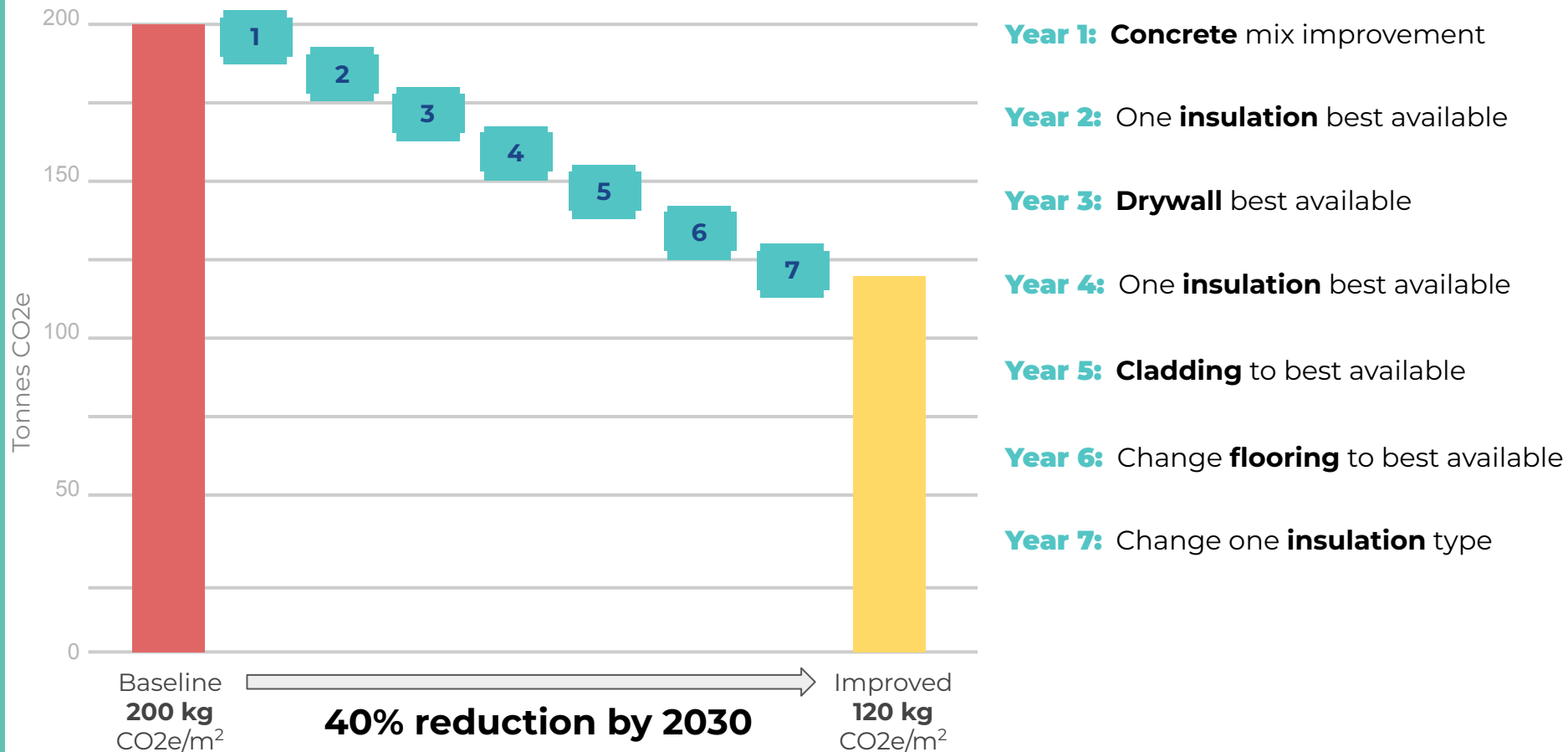


Projects near and below net  
zero embodied carbon





# 5% per year reductions



# Project flow stages

## Schematic design phase

- To build or not to build?
- Location of building
- Size, shape, massing of building
- Basic material palette

→ Rough dimensions & basic materials examined in BEAM

## Design development

- Assemblies
- Materials

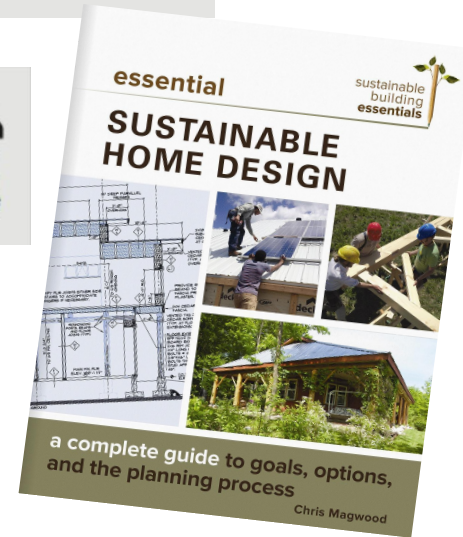
→ Assemblies and materials compared in BEAM & building a full model

## Construction documents

- Procurement

→ Specific materials selected in BEAM where possible

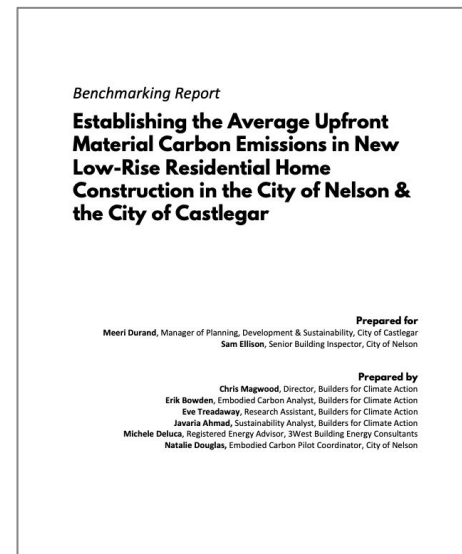
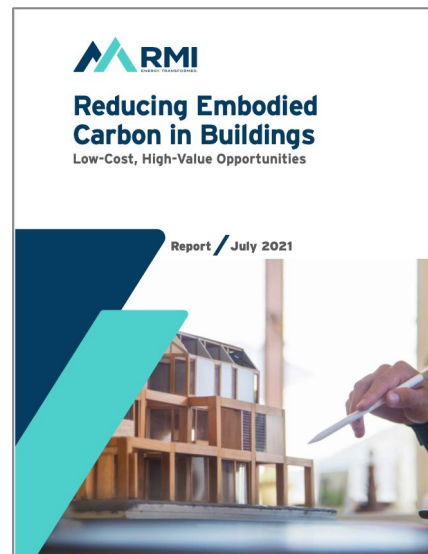
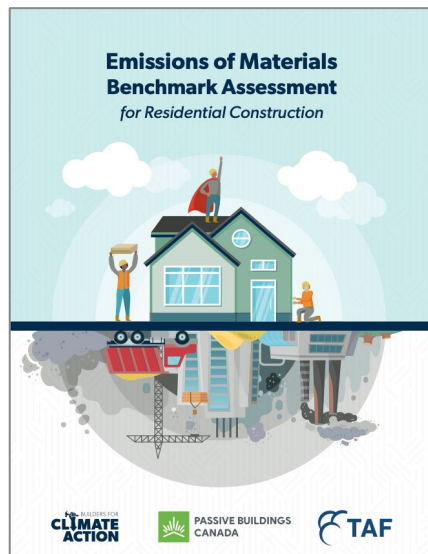
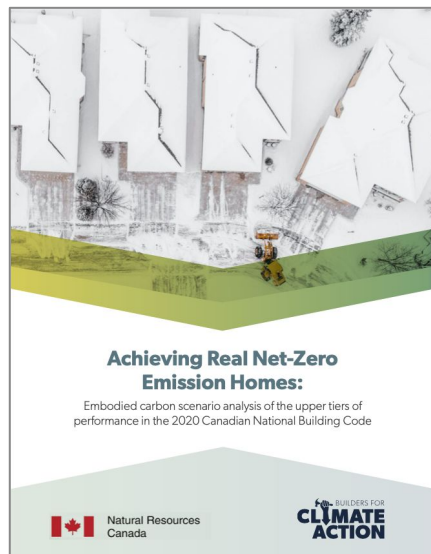
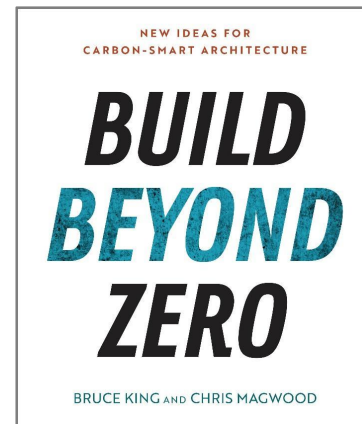
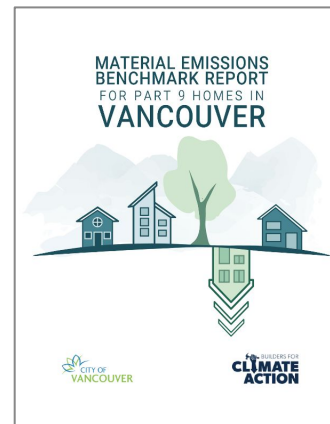
# Don't lose sight of other goals...



# More information:

[www.buildersforclimateaction.org](http://www.buildersforclimateaction.org)

[www.rmi.org](http://www.rmi.org)



This workshop was made possible by **FortisBC** as part of the City of Nelson's Low Carbon Homes Pilot.

