

SUP-FREE!

City of

NELSON

(SINGLE-USE PLASTIC)

Join us this **OCTOBER** for the **SUP CHALLENGE!**

12

TIPS TO REDUCE SINGLE-USE plastics

City Council is challenging local residents and businesses to stop using SUPs - *for good!*

What's SUP? Single-use plastic is recyclable or disposable plastic that is only used once before it's tossed in a bin. SUPs were designed for convenience; they aren't environmentally sustainable and add extra costs to our management of waste. If we 'choose to refuse' SUPs as individuals, we can reduce our consumption of waste as a community.



PACK
LUNCH IN
REUSABLE
CONTAINERS



BUY
BULK



USE SOAP &
SHAMPOO BARS
INSTEAD OF
BOTTLES



DRINK
FROM A
REUSABLE
COFFEE CUP



USE A
REUSABLE
WATERBOTTLE
AND FILL IT
FROM THE TAP



EATING OUT?
BRING YOUR
OWN
CONTAINER
FOR LEFTOVERS



SKIP THE
PRODUCE BAGS
AND PACK
YOUR FRUIT &
VEGGIES LOOSE



SAY
NO TO
PLASTIC
STRAWS



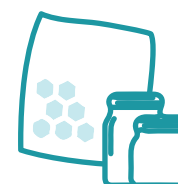
USE REUSABLE
SHOPPING
BAGS



AVOID
BUYING
SINGLE-USE
PRODUCTS



USE
CLOTH
DIAPERS



USE JARS
& BEESWAX
WRAPS FOR
LEFTOVERS
AT HOME

THE PROBLEM WITH *plastics*

ONCE IT'S ON
THE EARTH
plastic
**DOES NOT
GO AWAY!**

**40% OF ALL
GLOBAL
*plastic*** IS
ONLY USED ONCE & THEN
TOSSED

LESS THAN **11%**
OF *plastic* IN
Canada
IS ACTUALLY
recycled

**8 MILLION
TONNES**
OF *plastic*
GETS DUMPED INTO
THE OCEAN EACH YEAR

**CHOOSE
to
REFUSE!**