

NELSON AT HOME ADVENTURES

10 STEP VISION BOARD

Make your own or make one as a family

1. Decide what you want to bring into your life and what you want to focus on
2. Choose images that represent those things and images that appeal to you
3. Cover your board with large background images
4. Layer on smaller images
5. Add words and phrases
6. Fill in and rearrange till it's appealing to you
7. Add any embellishments
8. Take a picture in case it shifts
9. Glue everything on starting with the background images
10. Hang your vision board in a spot you'll see every day

VOILA!

Have fun and stay safe!!